

**The following menu was planned by
The Area Agency on Aging:
March 9 - 13, 2020**

Monday

**Seasoned Chicken Breast
Sweet Potatoes
Brussel Sprout Salad
Cornbread or Roll
Cooked Cinnamon Apples**

Tuesday

**Beef Stew
Seasoned Cabbage
Cornbread or Roll
Chocolate Pudding w/
Strawberries**

Wednesday

**Salmon Patties
Green Beans
Cole Slaw
Biscuit
Orange Sections**

Thursday

**Sliced Ham
Pinto Beans
Turnip Greens
Cornbread or Roll
Glazed Cinnamon Pears**

Friday

**Lima Beans w/ Sliced
Onions
Okra & Tomatoes
Seasoned Squash
Cornbread or Roll
Tropical Fruit**



**Hogansville
Active Life**

A Gathering Place for Adults 55+

